

Child/Adolescent Client Information

Client's name _____ Gender _____ Age/DOB _____
Address _____
Email _____
Parent(s) name _____
Stepparent(s) _____
Legal Guardian _____

Telephone numbers where you can be reached (home/work/cell)

Briefly describe what brings your child or family to therapy at this time:

In the past few months if your child has experienced difficulty in these areas noted below please indicate. 1 = mild difficulty 2 = moderate difficulty 3 = severe difficulty

___ Depression	___ Life Transitions	___ Anxiety
___ Sleep	___ Relationship Issues	___ Nervousness
___ Weight Change	___ Abuse/Trauma	___ Panic Feelings
___ Body Image	___ Grief/Loss	___ Racing Thoughts
___ Memory Problems	___ Anger	___ Physical Violence
___ Concentration Problems	___ Mood Swings	___ Excess Energy
___ Behavioral Challenges	___ Sexual Identity	___ Lack of Energy
___ Self Harm	___ Alcohol/Drug use	___ Medical condition
___ Suicidal thoughts/ Attempts	___ Unwanted Sexual Experiences	___ Difficulty at Work/ School

Current stressors in child's life _____

Current supports in child's life _____

Has your child ever been in counseling before? _____yes _____no

If yes, who did they see? When? _____

Was this a positive experience? _____yes _____no

Have you or any family member been hospitalized for a psychiatric reason? If yes please specify:

Medical Information:

Child's Primary Care Physician _____
Physician's telephone number _____

If your child has any ongoing medical condition(s) please explain: _____

If your child is taking any prescribed medication(s), please explain and include the dose(s).

Education

Child's grade _____ Name of School _____

Teacher's name _____

School Counselor _____

Is your child receiving any special services? If yes, explain _____

Employment

Is your child employed? _____yes _____no _____seeking employment

Place of employment _____ Job title _____

Average number of hours worked weekly _____

Do you or anyone else have concerns about his/her employment? _____yes _____no

Substance Use

Does your child use alcohol/drugs? If yes, explain: _____

The following has resulted from my use of alcohol/drugs:

____traffic violation ____fight with a friend _____ruined relationship

____problems with school/work ____black outs ____difficulty with memory

Do you or any one else have any concerns about your use? _____yes _____no

Social Information:

How easy is it for your child to make friends? ___Very Easy ___Fairly Easy ___Difficult

How often do they socialize with peers? ___Very often ___Often ___Not Often

Can you briefly tell me about your child's strengths, hobbies and/or interests?

How did you hear about me? _____

May I have permission to thank them for the referral? _____yes _____no